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Clomid

About Clomid (Clomiphene Citrate)

Clomid is the most commonly used fertility drug. Clomid increased the body's own production of follicle stimulating hormone (FSH) and luteinizing hormone (LH). These two hormones drive the ovaries to produce a healthier oocyte (egg) or extra oocytes. This results in an improved production of progesterone.

Dosage

Clomid is made in 50mg tablets. The usual dosage is 50 mg per day for five days starting on the third day of your cycle. Some people may require an increase to a higher dose. If you get your period over the weekend, call on Monday morning. Clomid can be started up to cycle day 5. Prescriptions cannot be filled on the weekend.

Side Effects

Multiple births with twins occurring in 8-10% of pregnancies and triplets in about 0.8% of conceptions. Ovarian cysts or ovarian hyperstimulation may occur. This condition is almost always self-correct. Other minor side effects may include hot flashes, dryness of the vagina or cervical mucus, and moodiness.

Monitoring during Clomid Cycles

Progesterone levels must be done with each Clomid cycle in order to assess response and dosing. Blood work is to be performed 7 days after surge in the ovulation predictor kit or on cycle day 21 if no surge is seen. If your surge falls on the weekend, call our office on Monday to schedule an appointment. If progesterone levels are extremely elevated and a pregnancy is not achieved an ultrasound may be ordered to assess the ovary for the presence of ovarian cysts. This should be done prior to starting another cycle of Clomid.

Changes may be made to individual patient plans based on test results.

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