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**The Women's Group
of Northwestern**
OBSTETRICS AND GYNECOLOGY
WWW.WOMENOBGYN.NET

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You will be seeing a Provider at least 12 times during your uncomplicated pregnancy. Every 4 weeks until 30 weeks, every 2 weeks until 36 weeks, then weekly. You will be scheduled in advance for your visits with your physician and our midlevel providers.

OB Visit Calendar -

Begin daily prenatal vitamins, ASAP

Pregnancy confirmation	<input type="checkbox"/> One week after missed period, appointment with a Nurse Practitioner or Physician's Assistant for blood test to confirm pregnancy and review do's and don'ts.	
7 – 8 wks.	<input type="checkbox"/> Viability screening by ultrasound, to be scheduled here with one of our Registered Medical Sonographers.	
8 – 10 wks.	<input type="checkbox"/> NOB Counseling and Obstetrics interview with OB coordinator	<input type="checkbox"/> First exam: New OB visit with your physician includes physical exam, Pap smear if due, blood tests, screening cultures and review genetic screening options. Please plan to spend a minimum of two hours for your visit.
12 – 14 wks.	<input type="checkbox"/> Listen for baby's heart beat	<input type="checkbox"/> If desired schedule appointment for genetic screening at Insight Medical Genetics: 312.981.4400 or Northwestern Genetics Department: 312.472.4151
16 – 18 wks.	<input type="checkbox"/> Maternal Serum Screening Test (MSAFP), if desired	<input type="checkbox"/> Pre-register for admission to Prentice Women's Hospital (complete sooner planned c -section)
	<input type="checkbox"/> Register for prenatal classes, to reserve a space (20 + weeks)	
20 wks.	<input type="checkbox"/> Anatomic screening by ultrasound, to view baby's heart, brain, spine, etc. At the visit the sex can be usually but not always be seen.	<input type="checkbox"/> Some patients may require a level II ultrasound for more targeted screening. To be determined by your provider. Level II ultrasounds require an order and are scheduled with the hospital directly at 312.926.7657
24 wks.	<input type="checkbox"/> Screening for Gestational Diabetes and Anemia and RH isoimmunization	
28 wks.	<input type="checkbox"/> Tdap vaccine	<input type="checkbox"/> Rhogam for indicated Rh neg. patients (at 28 weeks)
	<input type="checkbox"/> Begin keeping track of the Fetal Kick Count on a daily basis at 28 weeks	<input type="checkbox"/> Initiate classes – Childbirth, Breastfeeding, Baby Care Basics
	<input type="checkbox"/> Select a Pediatrician	<input type="checkbox"/> Discuss & Decide Cord Blood Banking or Donation
30, 32 wks.	<input type="checkbox"/> Routine visit	
34 wks.	<input type="checkbox"/> Restricted air and long distance travel.	
36 wks.	<input type="checkbox"/> Group B Strep Screen (GBS)	<input type="checkbox"/> Review labor and delivery
37 wks.	<input type="checkbox"/> Baby is considered full term	
38, 39 wks.	<input type="checkbox"/> Routine visit	
40 wks.	<input type="checkbox"/> Due date, Ultrasound for fluid and size	
41 wks.	<input type="checkbox"/> Non stress test and ultrasound at 41 wks and discuss induction.	

Please refer to our OB booklet for additional information.



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