

You will be seeing a Provider at least 12 times during your uncomplicated pregnancy. Every 4 weeks until 30 weeks, every 2 weeks until 36 weeks, then weekly. You will be scheduled in advance for your visits with your physician and our midlevel providers.

OB Visit Calendar -

Begin daily prenatal vitamins, ASAP

Pregnancy confirmation	<input type="checkbox"/> One week after missed period, appointment with a Nurse Practitioner or Physician's Assistant for blood test to confirm pregnancy and review do's and don'ts.
7 – 8 wks.	<input type="checkbox"/> Viability screening by ultrasound, to be scheduled here with one of our Registered Medical Sonographers.
8 – 10 wks.	<input type="checkbox"/> NOB Counseling and Obstetrics interview with OB coordinator <input type="checkbox"/> First exam: New OB visit with your physician includes physical exam, Pap smear if due, blood tests, screening cultures and review genetic screening options. Please plan to spend a minimum of two hours for your visit.
12 – 13 wks.	<input type="checkbox"/> Listen for baby's heart beat <input type="checkbox"/> If desired schedule appointment for genetic screening in our office with Insight Medical Genetics.
16 – 18 wks.	<input type="checkbox"/> Maternal Serum Screening Test (MSAFP), if desired <input type="checkbox"/> Register for WGON prenatal class, to reserve a space (third trimester) <input type="checkbox"/> Pre-register for admission to Prentice Women's Hospital (complete sooner planned c -section) <input type="checkbox"/> Register for additional NMH prenatal classes, to reserve a space (third trimester)
20 wks.	<input type="checkbox"/> Anatomic screening by ultrasound, to view baby's heart, brain, spine, etc. At the visit the sex can be usually but not always be seen. <input type="checkbox"/> Some patients may require a level II ultrasound for more targeted screening. To be determined by your provider. Level II ultrasounds require an order and are scheduled with the hospital directly at 312.926.7657
24 wks.	<input type="checkbox"/> Screening for Gestational Diabetes and Anemia and RH isoimmunization
28 wks.	<input type="checkbox"/> Tdap vaccine <input type="checkbox"/> Rhogam for indicated Rh neg. patients (at 28 weeks) <input type="checkbox"/> Begin keeping track of the Fetal Kick Count on a daily basis at 28 weeks <input type="checkbox"/> Initiate classes – Childbirth, Breastfeeding, Baby Care Basics <input type="checkbox"/> Select a Pediatrician <input type="checkbox"/> Discuss & Decide Cord Blood Banking or Donation
30, 32 wks.	<input type="checkbox"/> Routine visit
34 wks.	<input type="checkbox"/> Restricted air and long distance travel.
36 wks.	<input type="checkbox"/> Group B Strep Screen (GBS) <input type="checkbox"/> Review labor and delivery
37 wks.	<input type="checkbox"/> Baby is considered full term
38, 39 wks.	<input type="checkbox"/> Routine visit
40 wks.	<input type="checkbox"/> Due date, Ultrasound for fluid and size
41 wks.	<input type="checkbox"/> Non stress test and ultrasound at 41 wks and discuss induction.

Please refer to our OB booklet for additional information.